Principals’ Message

Dear Makybe Rise Families

Welcome back to 2017 at Makybe Rise!

It was such a delight to see all the children’s smiling faces as they arrived at their new classrooms yesterday. The beginning of the year is such an exciting time and, across our school, we are quite intentional in the ways that we support children to transition to their new classrooms, make new friends and quickly learn to love being at school.

One of the most important ways we do this is through Morning Meeting. Every classroom, every day, begins the day with Morning Meeting. Morning Meeting helps children quickly learn each other’s names and ensures that every child receives a welcome into the classroom every day. In Morning Meeting, the children learn all about each other and this builds a sense of inclusion and belonging and forms the foundation of new friendships. This week, the children will begin thinking about their hopes and dreams for 2017 and ways that they can support each other to reach their goals.

This first week at school is all about building a classroom environment where our children feel safe, welcome and celebrated. A big part of feeling secure in the classroom is explicitly unpacking the classroom expectations for how everyone will work and play together. This way, everyone knows exactly where they stand and there are no unexpected surprises.

Parents, of course, play such a big part of a child’s success at school. This week, the Parents Make Makybe Passport will come home with your child. It outlines some simple but important ways that parents can support their child to be successful at school. Making sure your child comes to school every day, comes to school on time, and comes to school with the things they need each day is a huge support for your child and sets them up for a successful and happy day.

Other ways that you can support your child include driving carefully and respectfully in the car parks and streets near the school. Please slow down and be patient with the traffic at drop off and pick up times.

Families are also encouraged to stay and play in the early childhood playground. This is a wonderful way to meet your child’s new friends as well as their parents. Please remember: parents must actively supervise their children on the early childhood play equipment and school playground rules and expectations must be adhered to. Please also remember that all playground areas in the school are out of bounds in the morning (this includes toddlers) and only the early childhood playground may be used after school.

Our children look absolutely beautiful in their Makybe school uniforms. When parents ensure their children are in the correct uniform, they are communicating to our community that they are proud to be Makybe and proud to support the excellence the school strives for. I am disappointed that the uniform shop is currently out of stock. We expect them to return to stock next week.

Having spent three days with all staff prior to the students returning, I am extremely proud of the quality of teachers and education assistants we have here at Makybe - they are truly second to none. If I had three pieces of advice to give to families, it would be: 1. ‘talk to your child’s teacher,’ 2. ‘talk to your child’s teacher,’ 3. ‘talk to your child’s teacher.’ They are a great resource for you and they want your child to be successful as much as you do.

Steph McDonald
Principal
### Uniform Shop

The Uniform Shop is run by Uniform Concepts and is open each week. Their shop is located in the Undercover Area, so please go and visit Sue if you have any uniform requirements.

Their opening times are as follows:
- **Monday**: 1.00 - 3.45pm
- **Wednesday**: 8.15 - 11.00am

Sue can be contacted on 0447 641 429 or via email: southwest@uc.nellgray.com.au.

### Tribes

If you are new to Makybe Rise this year and you do not know your child’s Tribe colour, please come and see Andrea or Dominique in the administration office and they can let you know what it is!

Tribe Shirts can be worn on Wednesdays for all students and Fridays for children in PP-6.

### 2017 Important Dates

#### Term Dates

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<thead>
<tr>
<th>Term</th>
<th>Commences</th>
<th>Concludes</th>
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<tbody>
<tr>
<td>1</td>
<td>Wednesday, 1 February</td>
<td>Friday, 7 April</td>
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<td>2</td>
<td>Wednesday, 26 April</td>
<td>Friday, 30 June</td>
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<td>3</td>
<td>Wednesday, 19 July</td>
<td>Friday, 22 September</td>
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<tr>
<td>4</td>
<td>Monday, 9 October</td>
<td>Thursday, 14 December</td>
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#### Public Holidays

- Monday, 2 January
- Thursday, 26 January
- Monday, 17 April
- Tuesday, 25 April
- Monday, 5 June
- Monday, 25 September
- Monday, 25 December
- Tuesday, 26 December

#### Student Free Days

- Monday, 24 April
- Monday, 17 July
- Tuesday, 18 July

### Crunch & Sip

The Crunch & Sip program is an easy way to help kids stay healthy and happy!

Crunch & Sip is a set break to eat fresh fruit or salad vegetables and drink water in the classroom. Students re-fuel with fresh fruit or vegetables during the morning or afternoon, assisting physical and mental performance and concentration in the classroom. This gives kids a chance to refuel, a bit like putting petrol in a car.

Each day students bring fresh fruit or salad vegetables to school to eat in the classroom at a set time. Each child has a small clear bottle of water in the classroom to drink throughout the day to prevent dehydration.

Through Crunch & Sip, schools demonstrate their commitment to nutrition education in the classroom, by making links with the curriculum and creating a supportive school environment.

The Crunch & Sip break gives children the opportunity to eat the piece of fresh fruit that might otherwise be left in their lunchbox or not be eaten at all.
Our Playground Rules

We are caring and sharing friends who look after each other.

We wear our hats.

Sand is for digging and building and never throwing.

We take turns on the climbing equipment and wait in line for our turn.

We climb up and down; we never jump off equipment.

We go one way up the ladder, down the slide on our bottoms.

We sit on the quad rocker and swings.

We ride up and back on the flying fox and wait in line for our turn.

We walk on the cement verandas and pathways.

Water from the fountain is for drinking only.

We respect the trees and plants.

We kick the football safely in open spaces, away from children playing, trees, the roof and fences.
PARENT INTERNET AWARENESS PRESENTATION

THURSDAY 23RD FEB 2017 - 6:30PM TO 8:00PM

We are proud to announce that Paul Litherland, of Surf Online Safe will be returning to Makybe Rise Primary School on the 23rd of February 2017, to again speak with our Year 5 & 6 students on the subject of Internet Awareness. Paul’s presentations were very well received last year and the kids learnt so much about online safety. Paul is one of Perth’s leading presenters on this subject and as a former Western Australian Police Officer, offers great knowledge and experience to our students to help them better understand the risks of the online world. Paul will be presenting to our students on subjects such as Online Footprint and Digital Citizenship, Image Sharing, Social Networking, Cyber Bullying as well as mobile phone and tablet use. His student presentations are very informative and we have no doubt our students will benefit greatly from this continued education.

The school has also booked Paul for another evening parent presentation on that same day, commencing at 6:30pm and concluding at approximately 8:00pm. We would invite the parents of all our students to attend this event. Paul’s parent presentations are very informative and offer some great tips and tricks on how to keep our kids safe online, as well as how to stay one step ahead of them in the online world. Those who attended Paul’s session last year, were amazed at the information provided and also had a great laugh. Paul outlines the information he presented earlier in the day to our students and offers feedback in regard to how those presentations were received.

Paul offers easy to follow information on a wide range of subjects relevant to us all. Subjects include:
- **Social Networking**: What our kids are using, Trends & Pitfalls.
- **Online Predators**: Risks & Trends, protection methods.
- **Cyber Bullying**: Detection, prevention & coping.
- **The Law**: How it relates to us all.
- **Device Use**: Phones, Tablets & PCs, Tips & Tricks.

For more information and to RSVP for this event, please email makyberise.ps@education.wa.edu.au

COP TO CRUSADER

PAUL LITHERLAND - SURF ONLINE SAFE

From 2009 to 2014, I was working within the Technology Crime Investigation Unit of the Western Australia Police, a division of Computer Crime. We dealt with issues ranging from people being ripped off on eBay and Gumtree, to romance scams and hacking, right up to kids being groomed by online predators. It was a massive world of which even I did not realise was so out of control.

The last 2 years of my career, I became increasingly frustrated at the lack of legislation and authority I had as a Police Officer to act on the concerns of the parents and educators who were contacting my office on a daily basis. The majority of these calls were ended with the simple phrase, “Sorry, but it is not against the law.” It was upsetting to respond in this way, but in reality, I really had no choice. The Internet has been around since 1994, yet legislation has failed (or refused) to catch up. As such, many schools, parents and kids themselves are being left to deal with such matters on their own. In my opinion, I thought this was simply unacceptable.

I had soon given up on trying to press our government for change and instead decided that education was the better approach. I felt that if I could get my message out to as many schools as possible, the risk our kids were being exposed to every day would hopefully reduce. In 2014, I therefore made the decision to retire from the WA Police to pursue my dream of educating kids and Surf Online Safe was born. Since then I have gone from visiting only 3 schools in my local area, to presenting to 250 schools and organisations across Perth. I look forward to remaining part of the Makybe Rise Primary School community and presenting to your students, parents and teachers regularly.

Paul Litherland - Owner, Surf Online Safe.
Are you a parent of a child with a disability? Does your child need to learn how to follow instructions? Would you like to learn how to improve your child's behaviour?

Researchers at the Curtin University School of Psychology and Speech Pathology are seeking families to participate in a **FREE - 2 HOUR**

**Stepping Stones Triple P Parent Discussion Group** focused on teaching parents how to prevent and manage disobedience in children.

Stepping Stones Triple P:
- Stepping Stones Triple P is specifically tailored for parents who have a child with disability.
- It has been shown that parents who use Stepping Stones Triple P see improvements in their children’s behaviour and experience less parenting stress.

What you will receive:
- Free attendance at a 2 hour Stepping Stones Triple P Parent Discussion Group.
- Free Stepping Stones Triple P “A guide to Disruptive Behaviour” booklet.

Criteria for participation:
- Be a parent of a child with a disability aged between 3 and 8 years of age.
- Eligible disabilities include autism spectrum disorder, cerebral palsy, Down syndrome, fragile X and intellectual disability.
- Be willing to attend a 2-hour parent discussion group at Curtin University in Bentley.
- Be willing to complete questionnaires about your parenting style, parenting confidence and your child’s behaviours, at **two** points in time. These questionnaires may take you 90 minutes to complete and can be completed at home in your own time.

Interested? Would you like more information?

**Contact Claire Watson** - @0479131358 claire.e.watson@postgrad.curtin.edu.au

Please note that this research has not been endorsed by the school or the Department of Education. If you are interested in participating in this research you must deal directly with the researcher. Before deciding to participate in this research you should inform yourself of its appropriateness and suitability for you.

This study has been approved by the Curtin University Human Research Ethics Committee (Approval Number HR129/2014). The Committee comprises members of the public, academics, lawyers, doctors and pastoral carers. Its main role is to protect participants. If needed, verification of approval can be obtained either by writing to the Curtin University Human Research Ethics Committee, c/o Office of Research and Development, Curtin University, GPO Box U1987, Perth, 6845 or by telephoning 9266 2784 or by emailing hrec@curtin.edu.au.