

Kindy - Here It Comes

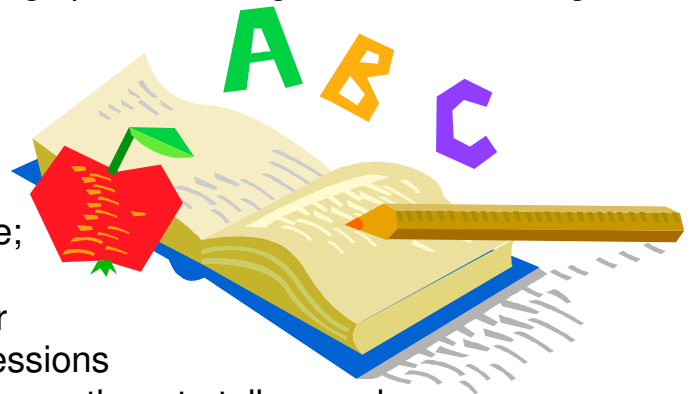
Get Up & Move

Doing physical activity uses a part of the brain that helps kids attend and concentrate. It is helpful to do a movement activity prior to a sit down activity. For example playing outside on the swings prior to sitting down and reading a book.

Book Sharing

Important things to think about when sharing a book with your child are;

- Eye contact - sit across from your child and look at their facial expressions
- Get you child involved and encourage them to talk more by asking open-ended questions and commenting on the book. For example "Look the boy is crying", "What happened to the girl?", "Why is the puppy happy?"
- Point at pictures, words, letters and the title and explain what they are to your child

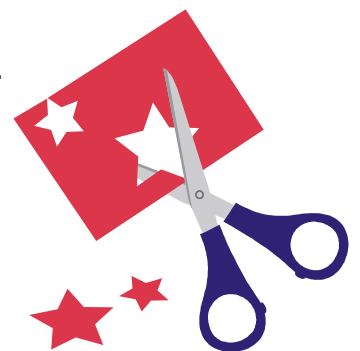


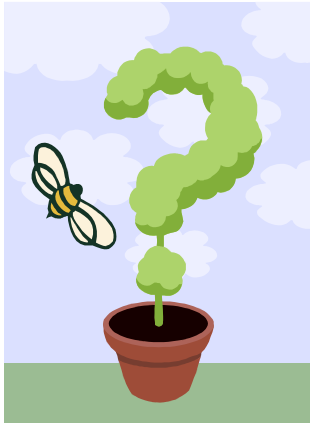
Scissors Skills

It's important to have a good technique when using scissors. The main rules are;

- Thumb in the top hole of the scissors and
- Thumb on top when holding the piece of paper

When in Kindy children will be encouraged to cut on a line so why not start practicing snipping pieces of paper now!





Question Time

Children in Kindy need to develop their describing skills. Good questions to ask are;

- What colour is it?
- Where does it live?
- What shape is it?
- What does it look like?
- What size is it?
- What parts does it have?
- What does it do?

Ways to Help Your Child Understand Questions

If your child is finding some questions a bit tricky why not try some of the ideas below;

- Wait (a good idea is count to ten)..... to give them a chance to answer
- Repeat the question
- Don't use so many words
- Give them a clue like..... "You cut with the.....?"
- Give a choice like..... "Is it red or blue?"

Drawing and Holding a Pencil

At Kindy children will do oodles of drawing. It is really important that they learn how to hold a pencil so they can do proper drawing. The main rules are;

- Hold the pencil down near the end where the lead is
- Hold with three or four fingers around near the end of the pencil, but NOT with a fist



Drawing is a really important skill that children need before writing. A great idea is to practice drawing simple shapes like lines, circles and crosses. You can show your child how to do it first so they can copy you!